

HIGH RESOLUTION ANOSCOPY

During a high resolution anoscopy, the surgeon examines the anal canal for any precancerous changes. This is done using an anoscope with an attached camera and chemical application of mild solutions. Topical anesthetic jelly is used during this procedure. The surgeon may take biopsies.

Post-Procedure Instructions

1. If the surgeon took a biopsy, you might have minimal bleeding or spotting. If you have any excessive bleeding or pass clots call the office promptly. If you have any bleeding or drainage you can place a dry dressing as needed to protect your clothing.
2. There are no diet restrictions, but we recommend a high fiber diet. You may take fiber supplements (such as Metamucil[™], Konsyl[™], Fiberall[™]) to keep your stool soft. Take 1 Tablespoon twice a day, and drink 6 glasses of water daily.
3. Call the office promptly if you have fevers, chills, severe pain, or unable to urinate. If you have concerns after hours, you can still call the office and ask to speak to the surgeon on call.